

RATES 2023

Individual Rates

Medical Aid Rates

Initial R1050

Follow up R650

Private Rates

Initial R1000

Follow up R600

Packages:

Pack of 12 sessions purchased upfront R6000

Performance class monthly package R2000

Group Rates & Classes (monthly rates quoted on 3 sessions per week)

Group of 5

R200 per session

R2000 pm

Group of 3

R300 per session

R3000 per month

Group of 4

R250 per session

R2500 per month

Group of 2

R350 per session

R3500 per month

Class of 10

R150 per class

R1500 per month

Groups: Bio's may recommend group training to clients who require similar treatment protocols.

Classes: Classes are suitable for clients who require generalised biokinetic-based strength and conditioning.

GET IN TOUCH WITH YOUR NEAREST BIOKINETICIST

EMAIL: SABIOKINETICS@GMAIL.COM

CELL: 063 853 6765

WWW.SABIOKINETECISTS.COM

BALLITO | SALT ROCK



SABIOKINETICISTS INC
Swiegers and Associates
PR: 091 000 0478865

Telemed Rates

Initial Online Consultation

R450

Packages:

R1500pm - 1 program a week for a month (4 programs)

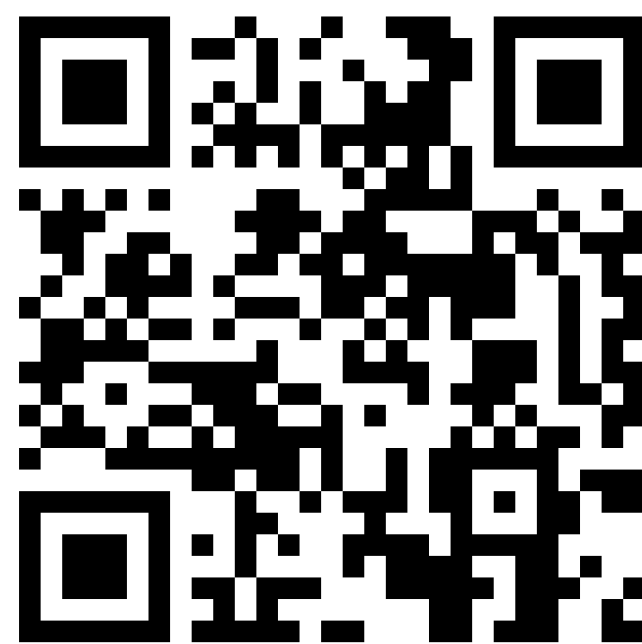
R3000pm - 2 programs a week for a month (8 programs)

R4500pm - 3 programs a week for a month (12 programs)

Once-off program

R750

Exercise from comfort of your home or embrace the flexibility of having your own custom program that you can do from any where in the world, while still benefiting from the expert guidance from the SA Biokinetics team.



scan the QR code to start or visit our website

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