



# JODIE VERMEULEN

AKA. @JODIE\_VERMEULEN

**BIOKINETICIST**

## ABOUT ME

I am a Biokineticist originally from Bloemfontein, Free State.



I am a hardworking, enthusiastic individual who has an immense passion for Biokinetics and working with people, of all ages.

I thrive on professionalism and am driven to pursue Biokinetics in the best way I know how, by focusing on the well-being of all my patients.




“If you can't measure it, you can't manage it,” is what we have always been taught, that's why I focus on providing both quantitative and qualitative data within my practice.

I aim to always provide reliable and quantifiable data to patients, to track their overall progress in injury rehabilitation, disease or condition management, by using exercise to improve the functioning and performance of an individual.

## EDUCATION

-  Bachelor of Biokinetics (Honours) (UFS)
-  Qualified Level 1 ISAK Anthropometrist
-  Kinesiology Strapping Degree

## UNIQUE INTERESTS & SKILLS

-  Orthopaedics Rehabilitation (post/pre - Surgical).
-  Metabolic/Chronic Rehabilitation.
-  Children's Rehabilitation.

## MOTTO

**If you can't measure it, you can't manage it.**

