



ELKE ENGELBRECHT

AKA. ELKE

BIOKINETICIST

ABOUT ME

I am a sport-loving South African who still plays and coaches Hockey.

I enjoy helping people from all walks of life, which is exactly what Biokinetics as a profession allows me to do - every patient's story excites me!

I believe that all people can benefit from movement. I particularly enjoy helping elderly patients enhance their quality of life and children in developmental phases.

I see great benefit in working with other Health Care Professionals.





Although I am fluent in English, German is my home language and I would love to be able to offer biokinetics as a service to any and all German-speaking patients as well.

EDUCATION

 BSc Sports Science (US)

 BSc Honours in Biokinetics (US)

UNIQUE INTERESTS & SKILLS

-  Elderly patients and children.
-  Orthopaedic Rehabilitation (pre/post-op).
-  Sport-specific conditioning.
-  Fluent in German.

MOTTO

**If you can make it halfway,
you can make it all the
way!**

